

# LADYPAUSE NETWORK



<http://www.yourthyroidandyou.org/ladypause>  
& <http://www.ladypausegroupinfo.org>

## PRESENTS

Free Health & Lifestyle Seminars  
*For*

***Women Wise in Middle Years***  
*A Forum for Women in Mid Life*

Every Third Monday

**10.00 AM - 12:00 NOON**

**Venue:**

**Community Meeting Room Ground Floor  
Brisbane Square Library  
266 George Street Brisbane**

**Monday 27<sup>th</sup> November 2017**

We are having an end of year and farewell party to celebrate the past 18 years of Ladypause and to introduce a new beginning in the New Year.



Gold coin donation



Tea and coffee provided

Seminar Inquiries Contact *Jacqui*

Email: [jacqui@ladypausegroupinfo.org](mailto:jacqui@ladypausegroupinfo.org) or Phone Mobile: 0400 300 790



Seminars Organized by Ladypause Network

